

BEECH SANDALS

Foot Therapy - Stretch, Flex, Align and Rejuvenate

Bunions Be Gone in Beech

Women don't need any excuse to don their beautiful killer heels. However, wearing these shoes can have horrifying consequences – Just ask Victoria Beckham – her heels have caused such bad bunions she needs emergency surgery to relieve the pain. But if you want to avoid bunions and foot problems and still to wear your stilettos, there is an answer...



Victoria Beckhams Bunions

Beech Sandals are the ultimate tool to avoid and alleviate bunions; just let them stretch, flex, align and rejuvenate your tootsies!



Beech Originals Black £29.00



Beech Originals White £29.00



Beech Fusions Blue £29.00



Beech Comfys Zebra £29.00

Beech Sandals have four "toe separators" which stretch the 26 bones in the feet helping them become mobile and youthful again.

Wearing killer heels on a regular basis can cause the bones in our feet to jam together and become deformed. Often, without proper mobility in the bones of our feet, bunions can raise their ugly heads. Meaning an end to high heels altogether – its just too painful to get them on! Meaning your girly nights out end up stuck in a pair of boring flats, which may be pain free but are also style poor!

Wearing Beech Sandals when ever you get the chance helps to alleviate those bunions by stretching the toes and retraining your feet. Flex Technology increases foot strength and encourages much greater toe and ankle flexibility. Just wearing these for 10 minutes a day around the house can reverse the damage that heels have caused!

Beech Sandals Originals are available in a range of bold colours and this February will also see new styles become available with ultra soft, animal print Beech Comfy's which are the

perfect slippers and Beech Fusions which come in lovely summer pastel colours and a mule design!



Beech Originals Red Sandals £29.00



Beech Comfys Leopard Sandals £29.00



Beech Fusion Pink Sandals £29.00

Beech Classics, Beech Comfys and Beech Fusions Stockists are listed on www.BeechSandals.co.uk / 0161 975 5398 and retail at £29.
Main online stockist www.lovethoseshoes.com / 0161 975 5380

For more information, high res images or for your sample please contact

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Notes to Editor:

Beech Sandals were originally conceived as part of Dr. Gayle Trenberth's research in to the psychology of grounding. A professional Mind and Body trainer, Trenberth discovered the unique benefits equal toe separation has on the alignment, balance and 'grounding' of the feet and body. From that point she developed the concept in to footwear with the aim of transferring the benefits of re-alignment in to everyday wear. The result... Beech Sandals.

Since their first launch, various health benefits have been stumbled upon, from alleviating bunions to easing the pain from arthritis. Today Beech is viewed by Podiatrists, Beauty Therapists, Osteopaths and Yoga enthusiasts, including top podiatrist Emma Supple, as the ultimate well-being flip-flop able to offer specific benefits to a variety of different users.

Beech Sandals were rated 10/10 for their fantastic health benefits by the experts at the Daily Mail Good Health pages back in June 09 and since then have been a huge seller in the health and wellness footwear market!